



RESOURCE

WASH and Health for Menstrual Hygiene Management Training of Trainers Manual

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Description / Abstract

This publication intends to deepen the understanding of the biological nature of the menstruation phenomenon to reclaim and restore the pride and confidence that should naturally be a part of it. Managing menstruation hygienically with linked sanitary facilities is an important aspect of life – the practical dimensions of which this publication also aims to facilitate – resulting in clean, convenient facilities that offer privacy and dignity for women at any time of the month.

Publication year

2013

Publisher

Water Supply and Sanitation Collaborative Council

Keywords

Water, Sanitation and Hygiene (WASH) Menstrual Hygiene Management Training of Trainers Manual

Thematic Tagging

Gender Youth

Language English

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● Tool

Behaviour Change Communication

C5.02

Source <https://iwrmaactionhub.org/resource/wash-and-health-menstrual-hygiene-management-training-trainers-manual>
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