Menstrual Hygiene Management Toolkit

Description / Abstract
Menstrual hygiene management (MHM) is an important component of a “WASH-Friendly School.” As a new concept in schools, the USAID-funded Schools Promoting Learning Achievement through Sanitation and Hygiene (SPLASH) project and Zambia’s Ministry of Education, Science, Vocational Training and Early Education (MESVTEE) are offering various kinds of support to teachers to establish MHM programs and facilities to keep girls and female teachers in school. This toolkit was designed to help teachers, school health and nutrition (SHN) coordinators, and other school personnel in Zambian primary schools to carry out MHM programs or activities in their school.

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